

LOW CALORIE MENU

BREAKFAST SERVICE • WESTBOUND/SOUTHBOUND

WELCOME TASTE

BISCOTTI

DELISH DISHES

FRESH FRUIT

seasonal selection

BUCKWHEAT PANCAKES*

blueberry compote

SPICY EGGPLANT SHAKSHUKA

feta cheese, poached cage-free egg

24/7

FRESH WHOLE FRUIT

SIGNATURE JETBLUE SNACKS

CAPPUCCINO & ESPRESSO

Brooklyn Roasting Company, Brooklyn, New York

**vegan & gluten free*

LOW CALORIE MENU

BREAKFAST SERVICE • EASTBOUND/NORTHBOUND

WELCOME TASTE

BISCOTTI

DELISH DISHES

FRESH FRUIT

seasonal selection

FRENCH TOAST*

maple syrup

GOAT CHEESE & TOMATO EGG WHITE OMELET

steamed vegetables

24/7

FRESH WHOLE FRUIT

SIGNATURE JETBLUE SNACKS

CAPPUCCINO & ESPRESSO

Brooklyn Roasting Company, Brooklyn, New York

**vegan & gluten free*

LOW CALORIE MENU

LUNCH/DINNER SERVICE • WESTBOUND/NORTHBOUND

WELCOME TASTE

VEGGIE CHIPS & HUMMUS*

DELISH DISHES

TACO SALAD*

black beans, lentils, quinoa, romaine, cherry tomatoes

BUTTERNUT SQUASH POLENTA*

chives, squash & apple ragoût

PAN-ROASTED CHICKEN

broccolini, cauliflower, roasted cherry tomato

SWEET BITES

LOCAL SORBET

24/7

FRESH WHOLE FRUIT

SIGNATURE JETBLUE SNACKS

CAPPUCCINO & ESPRESSO

Brooklyn Roasting Company, Brooklyn, New York

**vegan & gluten free*

LOW CALORIE MENU

LUNCH/DINNER SERVICE • EASTBOUND

WELCOME TASTE

VEGGIE CHIPS & ROASTED RED PEPPER HUMMUS

DELISH DISHES

SHIRAZI SALAD*

cherry tomatoes, cucumbers, shallots, herbs,
red wine vinaigrette

MUSHROOM RISOTTO*

chives

ROASTED ATLANTIC COD

braised fennel, cannellini beans, tomato caper sauce

SWEET BITES

LOCAL SORBET

24/7

FRESH WHOLE FRUIT

SIGNATURE JETBLUE SNACKS

CAPPUCCINO & ESPRESSO

Brooklyn Roasting Company, Brooklyn, New York

**vegan & gluten free*

LOW CALORIE MENU

SHUT-EYE SERVICE

DELISH DISHES

ROASTED TOMATO & LEMON SALAD*

baby gem lettuce, red onion, pomegranate seeds,
pomegranate vinaigrette

SHIRAZI SALAD*

cherry tomatoes, cucumbers, shallots, herbs,
red wine vinaigrette

ROASTED ATLANTIC COD

braised fennel, cannellini beans, tomato caper sauce

SWEET BITES

LOCAL SORBET

WHEN YOU RE-TREAT

Jet your morning started with a statemint snack.

BLACK BEAN BURRITO*

green, red & yellow bell peppers

COLD-PRESSED JUICE SHORTY

milk bar, NYC and beyond

24/7

FRESH WHOLE FRUIT

SIGNATURE JETBLUE SNACKS

CAPPUCCINO & ESPRESSO

Brooklyn Roasting Company, Brooklyn, New York

**vegan & gluten free*

